

Monaro Newsletter

Term 1 - Week 6

Key Dates

Term 1 Week 6

Monday 1 March Sth Coast Boys Basketball Finals

Tuesday 2 March Zone Girls Basketball

Friday 5 March Cooma Netball Gala Day

Term 1 Week 7

Tuesday 9 March Regional Swimming Tuesday 9 March Open Boys Soccer Eden

Term 1 Week 8

Monday 15 Mar Zone Volleyball

Term 1 Week 9

Monday 22 March U15 & Open Girls Soccer Cooma Tuesday 23 March School Photos Thursday 25 March Country Cup Boys Rugby League

> Friday 26 March Yr 7 Immunisations

Term 1 Week 10

Tuesday 30 March X-Country (Competitors Only)

Missing Blue HP Laptop

Parents and students please check bags for a missing blue HP laptop 115 just in case it has been taken home by mistake. Please return to the LaRC if you find it.

Thank You Work Crew

Our amazing work crew, under the guidance of Mr Kevin Regan and Rachel, have been working extremely hard every Friday to improve our school grounds and to make our temporary Administration area look welcoming and colourful for visiting guests.

The work crew have been clearing, mowing, whipper snipping, adding mulch and maintaing the frost and drought tolerant plants that were established at the end of last year.

Thank you so much Mr Regan's Work Crew.













MEET OUR NEW STAFF

Miss Jaqui Marshall

Miss Marshall joined the Monaro High School teaching team this year as part of the VET (Vocational Education and Training) faculty. Miss Marshall is trained to teach Food Technology and Information and Software Technology and is currently upskilling to deliver Certificate II in Hospitality.

Miss Marshall is very excited to be a part of the Monaro family and is looking forward to teaching commercial cooking skills and coffee making to our senior hospitality students. The expansion in vocational courses is thanks to the new build which sees Monaro High School gain a brand new semi-commercial and domestic kitchen.

These new learning spaces combined with Miss Marshall's hospitality experience will enable students to develop skills in customer service, kitchen operations and even latte art. Miss Marshall shares with our students her love of soccer and has taken on the role of coaching several of our school soccer teams. Welcome Miss Marshall, we are very pleased to have you join us at Monaro High School.



Mrs Lynette Armitage

Mrs Armitage joined the Monaro High School this year as Head Teacher Wellbeing. The Head Teacher Wellbeing role is a new position in 2021 and its aim is to provide support to staff, students and the community.

Mrs Armitage also has the pleasure of taking on the Textiles and Design Stage 6 course and loves being back in the classroom teaching. She is also currently undertaking her studies in Cert II Hospitality Food and Beverage and looks forward to the brand new semi-commercial kitchen in the school upgrade.

Since moving back to Cooma, she has been working as the Literacy and Numeracy Strategy Adviser across multiple networks and also looking after the Wagga Wagga RTO (Registered Training Organisation). The corporate area in education is a whole different world and a great experience but being back in the classroom is where Mrs Armitage is happy to be.

Mrs Armitage loves being back in the Snowy Mountains and looks forward to many years to come teaching at Monaro High School.



Miss Kerrie Neenan

Miss Neenan joins the PDHPE staff at Monaro High School this year and is thrilled to be part of the awesome staff and students at Monaro High School.

Miss Neenan comes to us from Eden Marine High where she has been teaching PDHPE, Maths and HSIE in support classes. She is also trained in Legal Studies, Business Studies and Commerce and has a background in the legal and accounting professions.

Miss Neenan is an avid skier and likes the cold but is hoping that living here in Cooma for the winter will not be too cold and frosty, especially when teaching lessons out on the oval early in the day.

The PDHPE staff are pleased to have Miss Neenan join them and she would like to thank the staff and students for making her feel so welcome.



Year 7 Hanging with Herbs

Mrs Barron's Year 7 Technology class have learned to cook jacket potatoes with bacon, cheese and fresh parsley picked that morning from the Ag plot. This is part of their Food and Agriculture Technology unit 'Hanging with Herbs'.

The program sees students learning how to grow various herbs, design and make a herb planter and cook various recipes involving herbs. In this lesson, students developed their skills in chopping herbs, onions and bacon, cooking the bacon and microwaving the jacket potatoes.

This lesson is one of the last cooking lessons in the temporary kitchen as our brand new semicommercial and domestic classroom kitchens become available for use in the coming weeks.





New Playground Shelters

Have you noticed our new playground shelters around the school grounds? In 2021 all funds that are received from voluntary school contributions will be used to purchase more playground equipment such as these covered shelters that our students are currently enjoying. Voluntary school contributions can be paid through the "make a payment" option on our website or in person by calling into our Admin Office.



Breakfast Club is Back

It's great to be able to again have Breakfast Club back at Monaro High School on Thursday mornings.

This is thanks to the hard work of volunteers Cathy from the Hub, John from Snowy Monaro Regional Council and Portia from Headspace who work tirelessly making and serving breakfast to our ever hungry students.

Not only do they enjoy the breakfast but it is a great way for them to get together before school and socialise with not only their friends but other students.

We would like to thank the wonderful volunteers and the Matana Foundation for their generosity in sponsoring the breakfast club.



Lost Property

A large amount of lost property is currently unclaimed, especially jumpers and jackets. If you have lost an item please come to the office and have a look.

TO AVOID LOST PROPERTY IT IS IMPORTANT THAT ALL STUDENT CLOTHING AND PERSONAL ITEMS (PARTICULARLY SCHOOL JUMPERS, JACKETS AND HATS) ARE CLEARLY LABELLED WITH THE STUDENT'S NAME.*

Links to Learning

The 'Links to Learning Program' is in its sixth year at Monaro and in 2021 the program has hit the ground running. Links to Learning is a program designed to enhance the development of students' self-esteem, confidence and resilience. This is done by empowering students to improve their ability to manage themselves and their relationships with others, help them to develop a sense of purpose and broaden their aspirations for the future.

This week the Year 9 girls looked at goal setting and they created vision boards, which included dreams, aspirations and desires for their future.

Debbie Thomas

Program Facilitator

MHS Canteen Price List

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Hot Food: Available Mondays Only		Toasted Wraps - <u>\$2.50 each</u> Tandoori Chicken	
Hot Dogs	\$3.00	Chicken & Cheese	
Sausage Roll lite	\$3.00 \$3.00	Tomato & Cheese	
Vegetable Roll	\$3.00	Ham & Cheese	
Spinach & Ricotta Roll	\$3.00		
Pie lite	\$3.50	Drinks:	
Potato Pie	\$3.50	Bottled Water (600 mls)	\$2.00
Beef, Cheese & Bacon Pie	\$3.50	Flavoured Milk Choc	\$2.00
Tandoori Wraps	\$3.50	Flavoured Milk Strawberry	\$2.50
	40.00	Flavoured Milk Banana	\$2.50
Available Every Day		Nippy's Flavoured Milk	\$2.50
Garlic Bread	\$1.50	Orange Juice	\$3.00
Cheese Tops	\$2.00	Apple Juice	\$2.50
	+=	Apple and Blackcurrant	\$2.50
Freshly Made (Rotated on Tues, Wed)		Lemon Juice	\$2.50
Chilli Con Carne	\$4.00	Pineapple Juice	\$2.50
Pasta Bake	\$4.00	Up 'n' Go (Caramel, Chocolate,	\$2.50
Fried Rice	\$3.00	Vanilla)	\$2.50
Meatball Subs	\$4.00	Waterfords Lite & Fruity	\$2.50
Tacos	\$4.00		
Roast Beef Rolls & Gravy	\$4.00	Extras:	
Soup with Bread Roll (Terms 2 & 3)	\$3.50	Home Made Cookies or Muffins	50c
Dim Sims with Soy Sauce (per 10)	\$3.50	Popcorn	\$1.00
Warm Sweet Chilli Chicken Wraps	\$3.00	Chips (different flavours)	\$1.00
		Slushies (Terms 1 & 4)	\$2.50
Chicken Burgers	\$4.50		
		Calippo	
Spaghetti Bolognaise	\$4.00		
	*• • •	Ice Moneys	\$1.00
		Emult and	500
		Fruit asst	50C
Cheese Salad	\$3.50		
Salad Boyos			
	¢4.00		
Chicken Salad Dox (Terris T & 4)	φ4.00		
Wraps - Salad			
	\$3.00		
	\$3.00		
Available Thursday Only Chicken Burgers Available Fridays Only Spaghetti Bolognaise Cold Food: (Available everyday) Chicken Salad Rolls Ham Salad Cheese Salad Salad Boxes Chicken Salad Box (Terms 1 & 4) Wraps - Salad Sweet Chilli Chicken Wraps Chicken Salad with Aioli Wraps	\$4.50 \$4.00 \$3.50 \$3.50 \$3.50 \$4.00 \$3.00 \$3.00	Ice Creams: Calippo Frozen Yoghurts Bulla Paddle Pop Shaky Shakes Chocolate Ice Moneys Fruit asst	\$1.00 \$2.50 \$2.00 \$2.50 \$1.00 50c

Please Note: - The canteen also provide 2 Microwave ovens so students can heat up food from home.

If you are interested in helping at the Canteen just 2 hours between 9am and 11am once a term or less please contact Julie Brown on 6452 4611. (No Serving is Required)



Year 11 Earth & Environmental Science

Year 11 Earth & Environmental Science students have been learning about minerals, rock and soils. After using keys to identify rocks and getting their hands dirty classifying various soil types from around the region they were tasked to model a typical soil profile with labels. The students enjoyed making edible soil profiles from Australian Earth Science Education and were grateful that they did not have to dig their own soil profiles on the school grounds.





Please don't forget to let us know.

This will ensure you receive all correspondance and will enable us to keep our records up to date.